



## EVERYDAY LUNCH MENU

ALL OUR MENU CAN BE CREATED GLUTEN FREE, EXCEPT THOSE MARKED (not available GF). VEGETARIAN = (V) & VEGAN = (VG).

### APPETISERS & SIDES

**Soup of the Day £4.95**

With fresh bread & butter | Please ask for today's options | GF roll available

**Salt and Pepper Calamari £6.95**

Served with sweet chilli dipping sauce (not available GF)

**Baked Melting Camembert £6.50**

Accompanied by fresh bread and caramelised onion | GF roll available

**(GF) Fish Goujons £6.95**

Served with tartare sauce and a wedge of fresh lemon

**(V) Tomato, Goats' Cheese & Basil Salad £6.95**

With a raspberry dressing

**(V) (VG) Burrata Bruschetta £6.95**

Dressed with sugar snap peas, broad beans, radish and chilli | GF roll available

**(V) (GF) Deep Fried Halloumi Sticks £6.50**

Served with tomato chutney dip

### COMFORT FOOD

**(GF) Fish & Chips £11.95 | Small Plate £8.95**

Gluten free Peroni beer battered whole basa fillet with chunky chips, peas, tartare sauce and a wedge of lemon

**(V) (VG) Pies of the Day £11.95**

Served with garden peas, gravy and your choice of new potatoes or chunky chips (not available GF)

**(V) (VG) (GF) Vegetable Tagine £11.95**

Spiced aubergine, courgette, pepper in a rich tomato and chickpea sauce, served with apricot quinoa

**Duck Ragu Pasta £12.95**

Shredded duck in a rich red wine sauce served on a bed of fresh pasta and topped with parmesan cheese | GF pasta available

**(GF) Chilli Beef & Cheese Nachos or (V) (GF) Vegetable & Cheese Nachos £10.95**

With jalapenos, guacamole, salsa and sour cream

### SANDWICHES £6.95

**Smoked Salmon, Guacamole & Goats' Cheese** with baby leaf lettuce

**Fish Finger Goujons** with baby leaf lettuce, slices of cucumber and tartare sauce

**The Heath Club** with chicken, bacon, avocado, baby leaf lettuce and tomato

**Add Chunky Chips £3.50 | Add Sweet Potato Fries £3.95**

## SEASONAL SALADS

### The Heath Chicken Caesar Salad £12.95

Baby leaf lettuce tossed in a rich creamy dressing with cucumber, bacon, parmesan cheese, croutons and topped with a grilled chicken breast | GF croutons available

### (V) (VG) Avocado Panzanella Salad £12.95

Baby leaf lettuce, tomato, red onion, capers, basil, garlic, black olives and crispy croutons with a drizzle of vinaigrette dressing | GF croutons available  
Add Chicken £3.95 | Add King Prawns £3.95 | Add Goats' Cheese £2.95

### (GF) Sweet Chilli King Prawn Salad £12.95

Served on a bed of baby leaf lettuce, sun blushed tomatoes, caramelised onion, cucumber and avocado

### (GF) Salmon Fillet Salad £13.95

Salmon fillet with a basil crust served on a bed of baby leaf lettuce, sun blushed tomatoes, cucumber, caramelised onion, avocado and topped with a pesto dressing

### (GF) Grilled Goats' Cheese Salad £12.95

Served on a bed of baby leaf lettuce, sun blushed tomatoes, cucumber, caramelised onion, beetroot and dressed with a beetroot dressing

## BURGERS FROM THE GRILL £11.95

Our burgers are presented in a light sourdough roll and served with chunky chips on the side. Gluten free roll available | Upgrade to sweet potato fries for 75p.

Beef, Bacon & Cheese Burger on tomato relish, lettuce, tomato and caramelised onion

Lamb & Mint Burger on chilli yoghurt, lettuce and gherkins

Pork, Chorizo & Chilli Burger on sweet chilli sauce, lettuce, tomato and caramelised onion

Chicken, Avocado, Bacon & Swiss Cheese Burger on tomato relish, lettuce, tomato, caramelised onion and red pepper

(V) (VG without Halloumi) Portobello Mushroom, Halloumi & Red Pepper Burger on tomato relish, lettuce, tomato and caramelised onion

(V) (VG) Falafel Burger on houmous, baby lettuce, sun blushed tomatoes and caramelised onion

## CHILDREN'S MEALS £6.95

Grilled Beef Burger served in a plain roll with chips on the side | Add Cheese for 50p | GF roll available

(GF) Fish Goujons with chunky chips and peas

(GF) Chicken Goujons with chunky chips and peas

Sausages, Chips & Heinz Baked Beans

(V) (GF) Gluten Free Sun Blushed Tomato Pasta served with peas or grated cheese on the side

(GF) Beef Meatballs in a tomato sauce and served with GF penne pasta and grated cheese

## PUDDINGS £6.95

(V) (GF) Chocolate Torte served with fresh cream or vanilla ice cream (contains nuts)

(V) Sticky Toffee Pudding served with fresh cream, vanilla ice cream or custard

(V) Chocolate Brownie Knickerbocker Glory

(GF) Banana & Caramel Pavlova served with fresh cream